

NEWSLETTER

November/December 2017

THE RETREAT

Hair and Beauty Salon

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Events

National Spa Week

Tuesday 31st October – Saturday 4th November

National Spa Week aims to raise public awareness of the real physical, mental and emotional benefits that regular spa attendance can offer. It is part of a cultural norm for the whole family in many parts of Europe but in the UK we still view it as a 'treat' rather than essential. With our lives more fast paced than ever, we should use regular spa attendance as an effective way to limit and combat stress that we get so used to living with. Why not visit us during this week and make the most of our special offers...

Enjoy an **Illuminating Radiance Facial for Only £20, usually £35!**

Treat your aches and pains to an **Algae 3 Body Wrap for Only £30, usually £52!**

Sparkling Bonfire Night

Saturday 4th November 9.30am-5.30pm

Get your nails sparkling for fireworks night with **HALF PRICE Gel Manicure or Deluxe Manicure** (Just £17.50)

Rosie and Helen's Anniversaries

Thursday 30th November 9.30am – 8pm

We are giving you **20% off all Beauty appointments** with our Beauty Therapists, Rosie and Helen on this day only!

Rosie is celebrating 3 years and Helen 2 years at The Retreat.

Celebrating 12 Years at The Retreat!

Tuesday 5th December 9.30am – 6pm

Celebrate with us and enjoy a drink and a mince pie.

Get **£12 off any hair or beauty appointment** (£20 and over) on this day **ONLY!**

Christmas Jumper Day

Friday 15th December

We will be wearing our festive knits and making our donation to the Text Santa appeal who are supporting Save the Children charity.

Why not join us and wear your Christmas jumper and make a donation too.

November Offers...

❖ Autumn Eye Revive...

Our **CACI Eye Revive** treatment turns 1 this Autumn, book our offer to re-energise and uplift eyes and get them ready for the party season...

Offer price £30 per session for those who haven't had it done with us before, or book a **Course of 10 for Only £280 plus take home your Eye mask for FREE**, to use in between treatments. This course price gives you 3 treatments for **FREE!!!** A saving of £120!

This treatment combines active micro current eye rollers, which are infused with CACI Eye Revive Serum that has powerful anti ageing properties and CACI's new Hydro Eye Mask. The Hydro Eye Mask is packed full of hyaluronic acid and collagen to help soften lines and wrinkles along with red tea and cucumber extract to detoxify, calm, soothe and energise eyes, leaving them bright and tight. Hydro Eye Mask can also be purchased for home use for £8.

❖ Autumn Reflexology...

Have a Reflexology session and get the second one HALF PRICE! A saving of £20!

(Both treatments must be paid on the first appointment (£60 total) and both treatments must be used by 15th December)

❖ Autumn Retail Therapy...

Buy any 2 Thalgo Christmas box sets and get a **FREE Thalgo Discovery facial worth £30!** (Only one cracker set can be included)

Prices range between £19.50 - £79 and there is a set for all skin types from Anti ageing to sensitive, hydrating and radiance to men's gifts and more.

December Offer...

❖ Winter Glow...

Vani-T Spray tan... **ONLY £19**, usually £30!

❖ Winter Relax...

Thalgo Rebalancing Back Treatment... Just £28, usually £40!

This relaxing back therapy is like a facial for the hard to reach and neglected back area. Starting with a warm cleanse, exfoliation and hot towel you will then have a luxury back, neck and shoulder massage followed by an algae mask to remove any impurities, nourish and heal the skin and warm aches and pains. Enjoy a lower leg massage while the mask is on before a hot towel removes the algae and you have a lightweight moisturizer applied to condition the skin. This treatment is great for anyone wanting relaxation, treatment for back ache, congested skin (spots and blackheads), eczema and general wellbeing.

News, Treatments & Products...

News...

October in summary... Well after getting things back in order last month, October has been crazy busy from day 1!

Luckily, our new Crystal treatment room has timed just right so we've been able to fit it more relaxing treatments than previously. We have all enjoyed using it and hope you have loved it as much as we have. Our next project is the hallway and stairs so look out for new walls, carpets and lighting coming soon with a new Moroccan spa theme...

We have been so manic with our hot stone offer throughout October with everyday being fully booked. Needless to say we will all need a good massage ourselves to recover!

After lots of Christmas planning already, our stock has been arriving and is now on the shelves ready for you to look at. There are some amazing gift sets this year with a varied price range so you can happily get all of your Christmas shopping done without heading to the busy shops. Don't forget we also sell gift vouchers with a price or treatment of your choice. We have also been busy trying to organize our regular clients Christmas bookings so that we can try to accommodate everyone where possible. It is already looking extremely busy especially xmas week so please call as soon as you can for your bookings. Its less than 8 weeks away so really is never too early to book.

We all enjoyed my Baby shower which Sue and Sam organised for me. It was such fun with lots of games, food, cakes and presents. November and December we will be enjoying a few birthday nights out for Kim's big 60 and Caroline and Angels birthdays. We are also very proud to be celebrating the salons 12th Birthday on 5th December. How time flies when you are having fun!

Personally I have been very busy trying to prepare for my maternity leave, getting things in order at the salon and at home, before the baby arrives. I will officially be finishing on Friday 3rd November but you will probably see me around for a few weeks after this to tidy up the last few things before the little princess arrives in December. If you need to contact me while I am off, please feel free to email the salon or leave a note for me which the girls will pass on as I will be popping in regularly to visit.

Have a lovely Christmas and New year and I will see you in 2018!

Sarah x

Products...

Nail Colour of the Month... November... Snake Pit... Get **10% off** your manicure and pedicure appointments if you have this colour.

Nail Colour of the Month... December...Passionate Kisses... Get **10% off** your manicure and pedicure appointments if you have this colour.

NEW Gel and Midi Colours now in stock for the perfect Autumn/Winter look from the Jessica Street Style Collection. Christmas sets also available.

NEW Spongelle... Turn on the water and a Spongelle body wash infused buffer becomes the last word in pampering. Spongelle will transform your bathing ritual into a beyond cleansing experience. Ranging from £6.50 to £18.95 and products include Men's and Childrens range plus Anti cellulite glove, body buffer, pedicure buffer and body wash sponge. Perfect for stocking fillers!

NEW Scented... These new scented balms contain up to 25 essential oils to give wellbeing on the go and are available in 6 unique blends. Choose from **De-Stress, Sleep Well, Be Happy, Escape, Love and Focus**. Simply apply to pulse points, inhale and rest your mood.

These scents work depending on mood so the best way to choose is to have a smell and see what your body needs the most.

Available in Candles, Baubles, Tins and collection mini sets and range between £14.95 - £26. Great as Christmas gifts or to keep you calm over a busy festive period.

Don't forget to ask for them to be applied during your treatments in the salon as a complimentary wellbeing extra.

NEW Thalgo Box Sets... These beautiful skincare sets from the new Precious Collection include everything you need for face and body with discounts of up to 57%. We have christmas crackers RRP £19.50 and include face and body products, Thalgo Men skincare, Radiance, Hydrating, Sensitive, Collagen and Silicium anti ageing and more. Prices range between £19.50 - £79.

Thalgo Hyaluronic Eye Patches are back in stock...! These new patches have been so so popular and we can't seem to stock them quick enough. **Just £5**, these patches can be brought for use at home or we can apply them for you during your hair and beauty appointments in salon. Taking only 10 minutes, these patches which are soaked in a hyaluronic solution plump up lines and wrinkles, refreshes the eye area and gives an instant tightening effect. Also available in a box of 8 for £36. If you haven't tried them yet, ask staff next time you are in the salon. Idea for party nights out!

Steam Cream... Perfect for stocking fillers. Only £13.95 and great for all skin types.

Use as a cleanser, moisturiser for face, hand, feet and body. Also use as a shaving cream, make up primer and mix with salt or sugar for an exfoliator. Great for even sensitive skin, babies and children, anti ageing, sunburn, eczema and much more.

Christmas is less than 8 weeks away...

The Christmas period is already very busy with lots of clients booking in advance. Saturdays for hair appointments is extremely limited and nearly fully booked. Don't forget we have gifts perfect for xmas, from stocking fillers to bigger gifts and gift vouchers. Why not choose one of our 8 spa packages or a treatment of your choice. Gift vouchers are valid for 6 months and can be used for treatments or products.

Christmas sets include Steam Cream, Make up, Jessica nails, Tanning, Thalgo skincare, Hair products, brushes and clips and our new Spongelle body wash sponges. Prices start from around £5 so we have something for everyone.

Christmas Opening Hours

We are open until 5.30pm on Saturday 23rd December. We then re-open with normal hours on Friday 29th and Saturday 30th December, re-opening Wednesday 3rd January. Please be sure to call to book as early as possible to avoid disappointment.

Salon Info

❖ Please be aware that we cannot extend **gift vouchers** beyond the expiry date. They are valid for 6 months from date of purchase and can be redeemed against products or treatments. Please make sure you book in advance to avoid disappointment.

- ✧ Please be aware that we have a 24 hour **cancellation policy**. If we have less than 24 hours notice, we will charge 50% of your treatment price. This is to ensure we have spaces to fit you in to avoid disappointment.
- ✧ Don't forget our **Book Swap** in the Relax Lounge. Simply bring a book, place it on the shelf and take one of ours home with you.
- ✧ Keep up to date with offers, news and staff info by adding us on **Facebook**. Retreat HairandBeauty