

NEWSLETTER

July 2017

THE RETREAT

Hair and Beauty Salon

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July Events

Happy 4th July

Book in on America's Independence Day and get a gift from us.

Wimbledon

Saturday 8th July

Feel *ACE* during Wimbledon with *Match Perfect* Nails.

GeLeration Manicure

Just £25, usually £35!

and/or

Deluxe or GeLeration Pedicure

Just £29, a saving of up to £11!

July Offers

❖ Summer Eyes...

CACI Eye Revive... ½ price Introductory offer for first Eye Revive treatment. **ONLY £20! 40mins**

Course offer... pay for 5 Eye Revive treatments and get 6th FREE! Worth £40! ONLY £200!

Perfect for brightening and lifting the eye area, anti ageing, tired and puffy eyes, hooded lids, dark circles, eye bag reduction and wrinkles.

This intensive eye treatment is everything that this delicate area could ever need. Includes an in depth consultation and delicate eye cleanse, non surgical CACI eye lift, light therapy, eye tension relief pressure point massage followed by eye drainage massage and luxury eye mask followed by a soothing eye moisturiser. The introductory offer will not include the eye mask.

(Introductory offer is only available for any clients who have not had this eye revive treatment with us previously. Does not include the old Eye Lift treatment or any other CACI. Course offer is available for all clients. Full treatment is 55mins and usually £40 per session)

❖ Summer skin...

Maupiti Tropical Island or Zanzibar Paradise Facial ONLY £30, a saving of £20!

Re-hydrate and plump up skin for summer. Perfect for pre or post holiday, anyone who's regularly in the sun or outside, dehydrated and dry skin, ageing skin, frequent swimmers, smokers or anyone in need of a refreshing glow and pick me up treatment. Includes luxury hand and arm massage and deeply relaxing signature face, neck and shoulder massage.

❖ Summer relaxation...

Hopi Ear Candles ONLY £25! Usually £32

This relaxing holistic treatment is used to relieve allergies including hayfever, stress and fatigue, ear ache and tinnitus, sinus congestion, colds/flu, sore throats, snoring, vertigo, excessive ear wax and swimmers ear. Also good for frequent flyers or pre/post holiday.

A 40 minute treatment that can benefit everyone to give the body and mind balance and clarity. Includes pressure point massage on the face and neck.

Don't forget to ask for your complimentary hand massages and heated pillow to sooth back and neck while you are enjoying your treatments with us. And of course our popular £5 Thalgo Eye revive patches to sooth and firm the eye area in minutes. (hand massages subject to staff being available)

Sign up to our mailing list to keep up to date with offers and events.

News, Treatments, Products & Homecare...

News...

June in summary... June has been a pretty hectic month with some hot sunny days which we've all managed to enjoy and lots of holiday and summer bookings. We were very lucky with a perfect summers day when we celebrated Sue's birthday with an outdoor spa day. We relaxed round the pool, had a swim and enjoyed some good food and company. We also visited Sam's new flat and enjoyed a fab afternoon tea that she put on for us. Way too much cake for one month so July may see us trying to detox! (or maybe not)

We've had a busy month of mainly manicures and pedicures and our most popular colours have been coral shades which we can't seem to get back in stock quick enough. We've also seen a lot of restyle hair cuts and highlights to lift moods for summer.

July should be fun with Pru's birthday and my annual BBQ which is always a great day (and night). Look out for our pics posted on our Facebook page.

Sarah x

Products...

Vani-T Make Up Sale... 60% off all Vani-T make up products including Lips, Eye liners, eye shadows, brushes, foundations, powders, blushers etc. Prices start from just £7! Take a look at our colours when you are next in the salon or ask staff for make up advice.

Nail Colour of the Month... July... Raspberry ... Get **10% off** your manicure and pedicure appointments if you have this colour.

New Thalgo Sun products in stock... These products include SPF 15-50 face and body as well as after sun lotion and mask, Ocea sun capsules to enhance tanning. This luxury sun range uses the highest quality natural ingredients to promote a beautiful even tan without burning. Easily absorbed by the skin and doesn't leave any sticky residue or grease. The face cream can be used as a daily moisturizer to give you sun protection over summer or all year round. Anti ageing and conditioning, once you've tried them, you will never go back to shop bought suncare. Ideal for people that suffer with prickly heat or sun sensitivity.

New Thalgo Zanzibar Silky Hydrating Cream. This limited edition face cream offers hydration with its silky light texture and can be used on all skin types. With ocean rich minerals and a spict exotic scent and floral fragrance. RRP £25.00

New Steam Creams in stock... limited edition designs for spring/summer. Ask for your complimentary hand massage and you can experience the cream for yourself. (subject to staff being available)

Don't forget to pick up your **travel size products for your holidays**. We now stock Keune shampoo and conditioner as well as Steam Cream which is a universal product perfect for holidays. Can be used as a face, body, hand and foot cream while helping with anti ageing, cellulite, sun burn, bites and stings and can also be used for hair styling, cleansing and shaving cream. 100% vegan and can be used on all skin types and ages including babies. We also have Thalgo travel sets which include cleansers, toners and moisturisers.

NEW Thalgo Silicium products coming soon... This popular anti ageing range is being redesigned and is promised to be better than ever.

Treatments...

New Life coaching sessions and workshops... Book in with Tereza Groth-Andersen for life coaching and counseling sessions either one to one or as a group.

Tereza's promise to you: Let's get to the point where you feel harmonious balance and control in the shortest possible time so you can truly enjoy your life.

Tereza will be running various workshops throughout the year to cater for all your needs. Please take a minute to fill in her survey so we can find out what really would interest you to give you the best life.

Homecare...

Staff Tip for July... From Sarah ... Keep skin hydrated throughout summer months to prevent ageing and dry, crepey skin. Always use a rich moisturiser, especially at night, drink lots of water and eat foods with a high water content such as salads, cucumber, melon etc. If you find it hard to drink water then why not add some cucumber, mint or fruit to enhance the taste which also gives lots of other health benefits. We like to try lots of different combinations in the salon. Now is also the perfect time to start using a booster serum as part of your skincare regime to nourish, repair and plump up the bottom layers of the skin where a cream can only work on the top layers of the skin.

Why not book in for our July offer and let us give your skin a head start with a relaxing facial.

Gift Vouchers...Don't forget to get your appointments booked in and use your Gift vouchers. You have six months to use them and they CANNOT be extended past their expiry date. Christmas gift vouchers will now be past their expiry date and CANNOT be extended. If you were also lucky enough to get a Mother's day voucher, then again please call to book.

Salon Info

- ❖ Please be aware that we cannot extend **gift vouchers** beyond the expiry date. They are valid for 6 months from date of purchase and can be redeemed against products or treatments. Please make sure you book in advance to avoid disappointment.
- ❖ Please be aware that we have a 24 hour **cancellation policy**. If we have less than 24 hours notice, we will charge 50% of your treatment price. This is to ensure we have spaces to fit you in to avoid disappointment.
- ❖ Don't forget our **Book Swap** in the Relax Lounge. Simply bring a book, place it on the shelf and take one of ours home with you.

✧ *Keep up to date with offers, news and staff info by adding us on **Facebook**. Retreat HairandBeauty*